



1st&2nd Fall Flag 2019

1. Marlow/Rams	419-376-1239
2. Guardiola/Eagles	419-870-2051
3. Madson/Falcons	419-343-6874

Sun. Sept. 8 Flag Field B 5:00 PM	3 v 1	Sun. Oct. 20 <u>Flag Field A</u> 4:00 PM 2 v 1
Sun Sept. 15		5:00 PM 1 v 3
<u>Flag Field A</u> 4:00PM	1 v 3	Sun. Oct. 27
4.00PM 5:00PM	2 v 1	Flag Field A
5.001 101	2 V 1	12:00 PM 1 v 2
Sun. Sept. 22		1:00 PM 3 v 2
Flag Field A		
5:00 PM	2 v 3	
		Rules on back
Sun. Sept. 29		
<u>Flag Field A</u>		Weather Cancellation #
4:00 PM		
	1 v 3	419-698-7032
5:00 PM	1 v 3 1 v 2	
		419-698-7032 Text alert: Text Oregon to 84483 to receive program information and weather cancellation information.
5:00 PM Sun. Oct. 6		Text alert: Text Oregon to 84483 to receive program information and weather cancellation
5:00 PM Sun. Oct. 6 <u>Flag Field A</u>	1 v 2	Text alert: Text Oregon to 84483 to receive program information and weather cancellation





2019 Fall Flag Rules

The Oregon Recreation Department follows NFL flag football rules with the following exceptions: NFL rules can be found online. **28 point mercy rule will be enforced**. **EXCEPTIONS TO NFL FLAG RULES** are as follows.

- play 4 quarters/10 min each, instead of 2 halves
- 5 players
- Flags and pants must contrast, and jerseys must be tucked in
- One 60 second time out and one 30 second time out per half.
- One coach from each side allowed on the field to help with offense and defense
- Quarterback cannot run with the football unless they receive a pass beyond the line of scrimmage
- Offensive players may follow a play after the defense has pursued the play.
- The "Goob Rule" No surrounding the ball once hiked by a team and then the coach gives a direction for the runner
- **FUMBLES**. If a ball carrier loses control of ball and it becomes airborne and is then caught, by an offensive or defensive player, it may be advanced like an interception.
- If team is ahead by 20 or more points they cannot blitz! (Can still come over the line after a handoff!)

Grade Specific exceptions are as follows.

1st-2nd Grade can snap the ball between their legs or use a side snap.

 $3^{rd}-4^{th}$ are allowed to pitch the ball ONCE in the back field, not past line of scrimmage. May have a screen pass but only one forward pass. If a pitch is intercepted it may be advanced.

Playing Guidelines/Changes for 2019

All players must play a minimum of **2 complete** quarters. No breaking the 8 minute quarter up into smaller playing intervals; player will start and finish complete quarter. There will no longer be a "must sit one quarter "policy. We hope that as mentors to these young athletes, and representatives of the Oregon Rec and the community, you will give everybody an equal chance at playing some ball and making some plays. There are MANY more ways to win aside from putting a number in the win column. PLEASE do not lose sight of that. Thanks for everything you do!!!!

**** Officials please allow a 3 minute half time****